contents

Introduction ix

	contents	
oduct	tion ix	
1	Unclear Purpose	1
2	Destructive Thinking	13
3	Low Productivity	27
4	Fixed Mindset	41
5	Weak Energy	55
6	Not Asking the Right Questions	67
7	Poor Presentation Skills	81
8	Mistaking IQ for EQ	95
9	Poor Self-Image	107
10	Not Enough Thinking	121
11	No Daily Rituals	135
12	Stress	151
13	Few Relationships	165
14	Lack of Persistence	175

contents

15 Money Obsession	189
16 Not Focusing on Strengths	203
Conclusion 215	
Recommended Reading 229	
Acknowledgments 233	

The Author 235