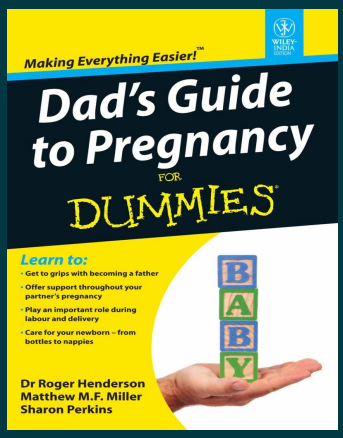
WILEY



Dad's Guide to Pregnancy for Dummies

By Dr Roger Henderson, Matthew M.F. Miller, Sharon Perkins

Paperback 9788126535873 **₹379.00**

Pages: 332

Description

Dad’s Guide to Pregnancy For Dummies is packed with practical, straightforward information for fathers-to-be, covering all of the logistical, physical and emotional aspects of pregnancy from a dad’s unique point of view. When it comes to pregnancy, dads’ roles have changed so much in the past few decades that expectant fathers don’t always know where to turn to for guidance and advice on this milestone event. Now they do!

About the Author

Dr Roger Henderson, Matthew M.F. Miller, Sharon Perkins

Dr Roger Henderson has been a practicing GP for more than 20 years. In addition to his practice

Table of Contents

Introduction

Part I: So You Want to Be a Dad . . .

· Fatherhood: A Glorious, Scary, Mind-Boggling and Amazing Experience

· Beyond the Bed: Conception Basics

Part II: Great Expectations: Nine Months and Counting

· Surviving Sudden Doubts and Morning Sickness: The First Trimester

· Growing Into the Second Trimester

· The Fun Stuff: Nesting, Preparing and Naming

· Expecting the Unexpected

· In the Home Stretch: The Third Trimester

· The Co-Pilot's Guide to Birthing Options

Part III: Game Time! Labour, Delivery and Baby's Homecoming

· Surviving Labour and Delivery

· Caring for Your Newborn

· Supporting the New Mum

Part IV: A Dad's Guide to Worrying

· Dealing with Difficult Issues after Delivery

· Daddy 999: Survival Tips for Bumps, Lumps and Scary Moments

· Time and Money: The High Cost of Having a Baby

· Planning for Your New Family's Future

Part V: The Part of Tens

· Ten Things She Won't Ask for but Will Expect

· Ten Ways to Be a Super Dad from Day One

· Ten Musts for the Stay-at-Home Dad

Index

To purchase this product, please visit:
https://www.wileyindia.com/dad-s-guide-to-pregnancy-for-dummies.html

Scan to buy