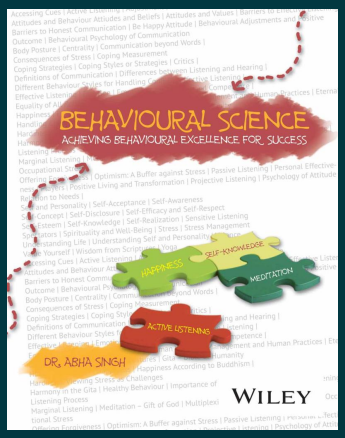
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Behavioural Science: Achieving Behavioural Excellence for Success

By Dr. Abha Singh

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Description

This book deals with each and every aspect of human behaviour that any individual exhibits in his/her personal as well as professional life. It also explains the process for changes in behavioural aspects to live life more wholesomely in case of need.In addition to the general aspects of behavioural science, this book highlights all the burning topics/problems our society is facing these days: Drug addiction/de-addiction, suicide, depression, etc. Most importantly, this book proves to be an important tool for students, researchers, faculty members and all those people in general who want to lead a peaceful and successful life. Behavioural science helps us to deal with our life in a healthy and positive manner.

About the Author

Dr. Abha Singh

Prof. (Dr.) Abha Singh is Director

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