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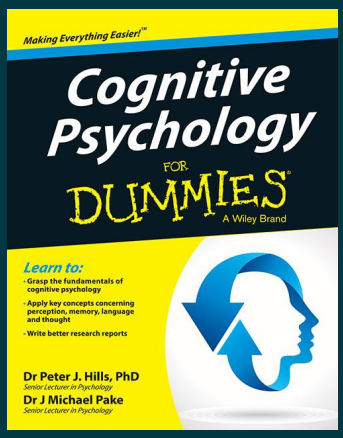

Cognitive Psychology For Dummies

By Peter J. Hills, Michael Pake

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Cognitive Psychology For Dummies follows the structure of a typical university course, which makes it the perfect supplement for students in need of a clear and enjoyable overview of the topic. The complexities of a field that explores internal mental processes – including the study of how people perceive, remember, think, speak and solve problems – can be overwhelming for first-year psychology students. This practical resource cuts through the academic-speak to provide a clear understanding of the most important elements of cognitive psychology.

About the Author

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Peter J. Hills is a senior lecturer in psychology and the Year 1 module leader for cognitive psychology at Anglia Ruskin University.

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